

<b>Week 3 w/c 14/11/2022</b>	<b>Monday 14 November</b>	<b>Tuesday 15 November</b>	<b>Wednesday 16 November</b>	<b>Thursday 17 November</b>	<b>Friday 18 November</b>
<b>Main Choice 1</b>	<p><b>Sticky BBQ Chicken</b></p> <p>Served on a bed of fried egg noodle stir fry, with roasted sweetcorn and prawn crackers on the side</p>	<p><b>American Hot Dog</b></p> <p>100% pork frankfurters served in a bun with fried onions, tomato ketchup and roasted potato wedges</p>	<p><b>Roast Chicken</b></p> <p>Roasted deboned chicken thighs, served with fresh roast potatoes, homemade gravy and seasonal vegetable</p>	<p><b>Bolognese Pasta</b></p> <p>Lean beef mince in a South African bolognese sauce served with penne pasta and garlic bread on the side</p>	<p><b>Jumbo Fish Fingers</b></p> <p>Served with chips and garden peas</p>
<b>Main Choice 2</b>	<p><b>Vegetable Stir Fry</b></p> <p>Stir fried vegetables served on a bed of egg noodles, with prawn crackers and roasted sweetcorn</p>	<p><b>Vegetarian American Hot Dog</b></p> <p>Quorn sausages served in a bun with fried onions, tomato ketchup and roasted potato wedges</p>	<p><b>Vegetarian Sausage Roll</b></p> <p>Linda McCartney sausage wrapped in short crust pastry, served with fresh roast potatoes, homemade gravy and seasonal vegetables</p>	<p><b>Tomato &amp; Basil Pasta</b></p> <p>Homemade tomato and basil sauce, tossed in penne pasta, served with garlic bread</p>	<p><b>Cheese &amp; Onion Quiche</b></p> <p>Creamy Cheese, onion and spinach baked in a savoury tart pastry</p>
<b>Jacket Potato</b>	<p><b>Jacket Potato</b> served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p><b>Jacket Potato</b> served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p><b>Jacket Potato</b> served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p><b>Jacket Potato</b> served with a choice of Tuna, Baked Beans, Cheese or Ham</p>	<p><b>Jacket Potato</b> served with a choice of Tuna, Baked Beans, Cheese or Ham</p>
<b>Salads &amp; Vegetables</b>	All our main dishes are accompanied with a selection of freshly made salads and seasonal vegetables				
<b>Desserts</b>	A selection of cut and whole fruit, jelly and yogurts are available daily. On Tuesdays and Thursdays, a sweet treat will also be offered				